Index

A-1 Basic operations

■Buttons and how it works in general
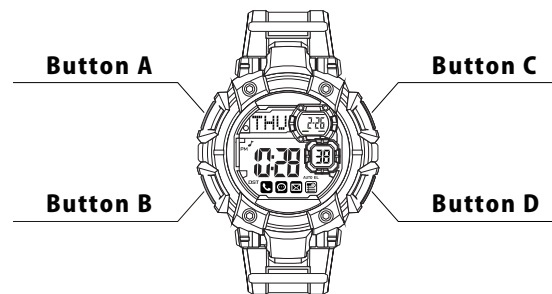
Button A
-Stop/Reset measuring

Button B
-Switch modes
-Select next menu in set up

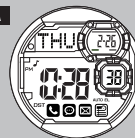**Button C**
-Start measuring
-Add value in set up
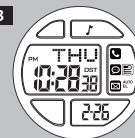
Button D
-Turn on backlight
-Decrease value in set up

■Display layout
This watch has several types of display.
In this manual, these 2 types will be shown.

Type A

Type B

■**Intruduction of 7 Modes and How to switch**

This watch has 7 modes.

Each time you press button B, mode switches in order of below.

Current time mode (Page 15-)

Calendar and current time are shown.

Stopwatch mode (STW) (Page 18-)

[STW] appears on the screen.
You can use stopwatch.
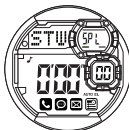
Timer mode (TMR) (Page 22-)

[TMR] appears on the screen.
You can use countdown timer.
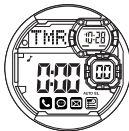
Alarm mode (ALM) (Page 24-)

[ALM] appears on the screen.
You can set up to 5 alarms.
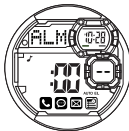
World time mode (Page 26-)

City code appears on the screen.
You can check what time it is in each city.

Pacer mode (PAC) (Page 28-)

[PAC] appears on the screen.
You can use pacemaker.

User mode (USER) (Page 30-)

[USER] appears on the screen.
You can set up user profile and others.

Switching modes

Current time mode   Stopwatch mode   Timer mode

User mode   Pacer mode   World time mode   Alarm mode

*This chart shows type A screen.

B-1 Connect to smartphone app: Install app

■**Installing app**
This watch has several functions (such as phone call notice, email notice and much more) that needs to sync with original app.

Please use QR code below, to download and install app to your smartphone.
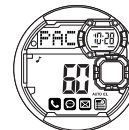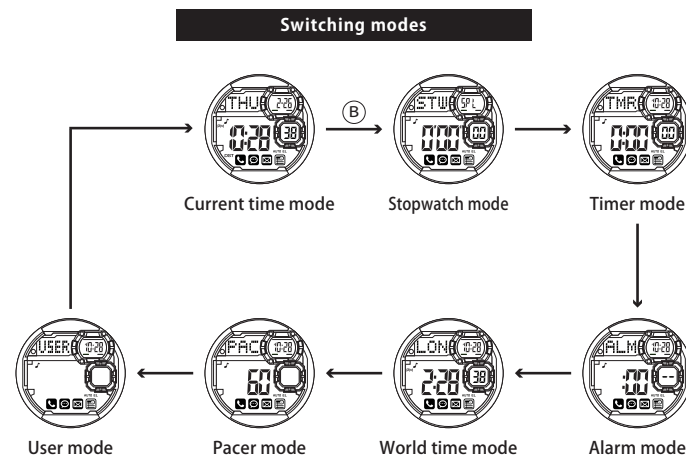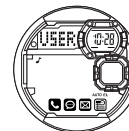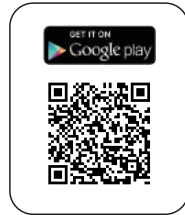

B-2 Connect to smartphone app: Sync watch and app

■**How to sync with app**
To sync the watch with app, use Bluetooth screen (BLE) in User mode.

1 Please check the watch is in which mode. Press button B to switch mode to User mode (USER).
From current time mode, it takes 6 times to swtich to User mode.
Then, press button C to select Bluetooth screen (BLE).
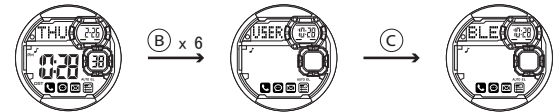
Current time mode   User mode (USER)   Bluetooth screen (BLE)

2 Hold button A for a while. [ON] appears on the screen, and [HoLd] blinks.
When the watch is ready to sync, [LINK] appears on the screen.
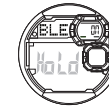
[HoLd] blinking   *This chart shows type A screen.

3 Start app and tap [⚙].
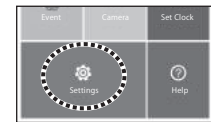
App icon   Tap [⚙]

B-2 Connect to smartphone app: Sync watch and app

4 Tap [Connect Watch] to start sync. App shows scanning.

Connect Watch

Scan devices

5 Tap device name on App.

Device list

6 When both app and watch is ready to sync, watch shows 6-digit number.
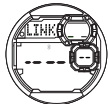
[LINK] appears here.   6-digit number appears like this.

*This chart shows type A screen.

7 Enter the number shown at **6** , and then tap [OK].

8 [DONE] on the watch screen shows to complete sync.

B-3 How to use app: Set up current time

■Sync current time
By using app, you can set up current time on the watch.

1 Tap [Sync time] on the app.

Tap [Sync time]

2 Tap [↻] next to the [Sync time].
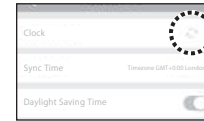
Tap [↻]

3 [DONE] on the watch screen shows to complete sync.
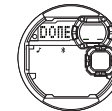
Sync complete   *This chart shows type A screen.

■Choose time zone

By choosing time zone, the watch can show the time there.
For example in London, select [GMT +0:00 London] and then tap [⟳] next to the [Sync Time].

Choose time zone   Tap [⟳]
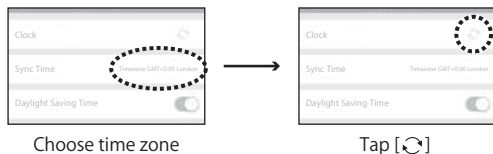
■DST

You can switch ON/OFF the DST.
Tap [Daylight Saving Time] to turn ON/OFF, and then tap [⟳] next to the [Sync time].

DST ON
(iOS)

DST ON
(android)
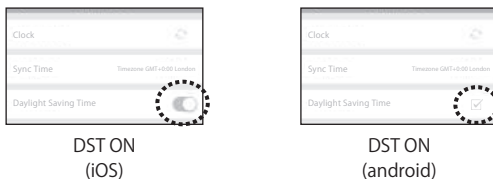
■Set up notification

On app main screen, you can choose which ones to notice.
The watch can choose how to notice. Set up menu is in User mode. (Please refer to Page 31.)

On app main screen, tap each icon ⟲ 、⟳ 、⊠ 、⊟ to turn ON/OFF each notice.

Main screen

Phone
Notices when you miss phone call.

Message
Notices when SNS or other apps get new message.

Mail
Notices when you get new email.

Event
Notices when scheduled time has come.

When the icon is white/grey, it shows notice is ON/OFF.

After set up, tap [Sync time] on the app and tap [⟳] next to [sync time] to update this change.

Tap [Sync time]   Tap [⟳]
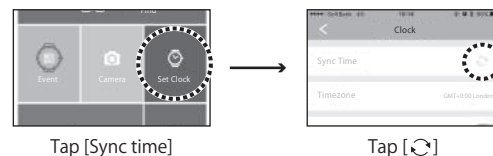
■**SOS (only for android)**

This watch can make phone call to preset number. This function is intended to use in an emergency.

■**Set phone number**

1 Tap [Setting] on app, and then tap [SOS].

Tap [Setting]   Tap [SOS]
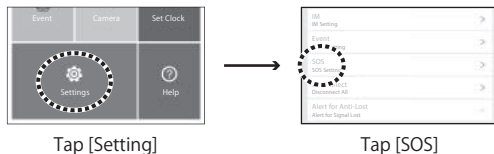
2 Eneter phone number, and then tap [OK] to save and finish set up.

Enter phone number   Tap [OK]
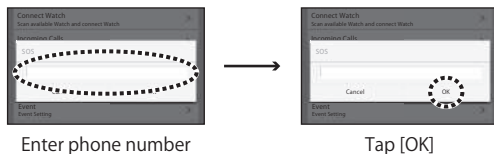
■**How to make a phone call**

1 Please check the watch is in which mode. Press button B to switch mode to User mode (USER).
From current time mode, it takes 6 times to swtich to User mode.

2 Press button C twice to select SOS screen (SOS).

3 Hold button A to make a phone call. At first, [HoLd] blinks. Keep holding button until screen shows [SOS]. Your smartphone will make a phone call to the number set in app.

■**Searching each other**

Smartphone can help finding the watch, the watch can help finding the smartphone.

■**How to find the watch**

Start app and tap [Find].
Alarm on the watch will sound and let you know where it is.

Tap [Find]
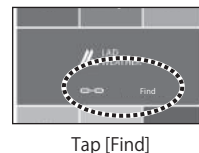
■**How to find the smartphone**

1 Please check the watch is in which mode. Press button B to switch mode to User mode (USER).
From current time mode, it takes 6 times to swtich to User mode.

2 Press button C for 3 times, and switch to find screen (FIND).
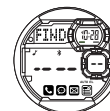
Find screen (FIND)   *This chart shows type A screen.

3 Hold button A to start searching. [HoLd] blinks on the watch.
Smartphone makes alarm sound to tell where it is.

*When the smartphone is switched to silent mode, the alarm will not sound.

■Camera

The app and the watch together works as release shatter button for camera on smartphone.

1 Tap [Camera] on app.

Tap [Camera]

2 Please check the watch is in which mode. Press button B to switch mode to User mode (USER).
From current time mode, it takes 6 times to swtich to User mode.

B x 6

Current time mode   User mode (USER)
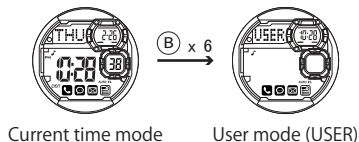
3 Press button C for 4 times, and switch to Camera screen (PIC).
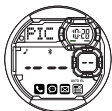
Camera screen (PIC)

*This chart shows type A screen.

4 Press button A to release shatter on the smartphone.

Type A
Calendar
Current time

Type B
Day, Current time
Date

■Icons

Notices phone call.
When you miss phone call, icon blinks.

Notices SNS arrival.
When there's notice from SNS app, icon blinks.

Notices new email.
When you get new email, icon blinks.

When scheduled time has come, icon blinks.

■Backlight

Hold button D in Current time mode, to switch backlight option.
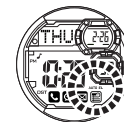
Turn on Backlight

AUTO EL
Backlight is available with button D, only during limited time.
You can set up when is to available. Please refer to Page 16.

EL
Anytime, press button D to turn on Backlight.

EL OFF
Anytime, button D cannot turn on Backlight.

■Set up time manually

To start set up, hold button A in current time mode.
Screen shows 'ADJUST HOLd' at first, and then goes to set up.
Press button C to add value, and button D to decrease.
By holding either button can change value quickly.
Each time you press button B, you can switch to the next menu.
Menu sequence is as below.

City code, DST, Second, Hour, Minute, 12hour/24hour, Year, Month, Date, M-D/D-M, Beep, AUTO EL start, AUTO EL ends, power saving mode... (Also refer to Page 17.)

Press button A to save and finish set up.

*Press either button C or D to reset second to 00. (You only can set second to 00.)
*When AUTO EL is selected, button D is available to turn ON backlight during set time.
*If you don't press any button for more than 30 seconds, it automatically goes back to current time mode.
*About power saving mode
When power saving mode is ON and no button is pressed for more than 10 minutes, this watch automatically disconnects to smartphone and goes to power saving mode.
Press any button to recover from power saving mode, and it automatically connects to smartphone within 1 minute.

City code	DST	Second	Hour

Minute	12hour/24hour	Year	Month

Date	M-D/D-M	Beep	AUTO EL start

AUTO EL ends	power saving mode

*This chart shows type A screen.

Type A

Mode indicator
(LAP/SPL)

Measured time

Type B

Measured time

Mode indicator
(LAP/SPL)
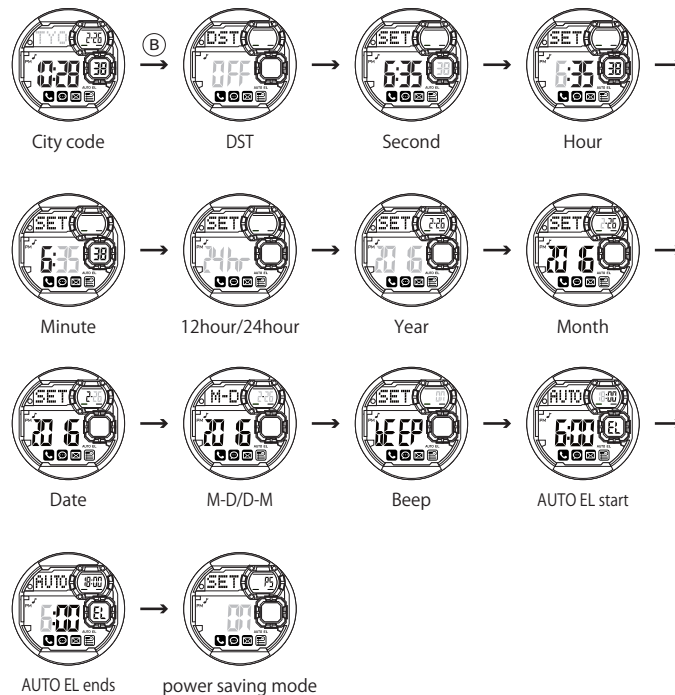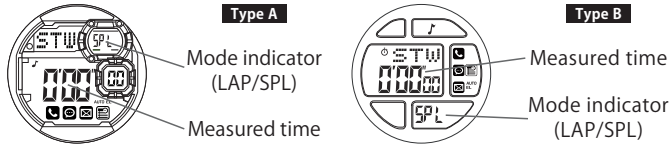
■Stopwatch mode
You can choose either Lap time / Split time as you like.
When you reset stopwatch, it goes back to [0'00"00].

■Lap time and Split time
[Lap time]
Lap time means the time between each checkpoints.

Lap 1   Lap 2   Lap 3

Start   Goal
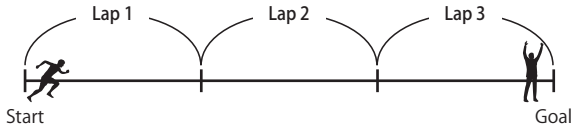
[Split time]
Split time means the time between start and each checkpoint.

Split 3
Split 2
Split 1

Start   Goal
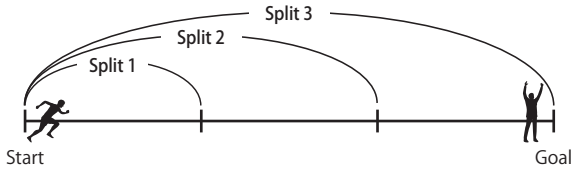
■Selecting Lap/Split time
To start set up, hold button A in stopwatch mode.
Screen shows 'SET HoLd' at first, and then goes to set up.
Press either button C or D to switch Lap [LAP] and Split [SPL].

C / D

Lap selected   Split selected
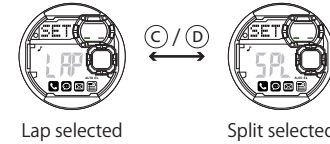
*This chart shows
type A screen.

Press button A to save and finish set up.

■How to use
Press button C to start, press button A to stop.
Press button A to reset it, when it stops.

D-3 Stopwatch mode (STW): Lap time

■Taking lap time

First, select LAP mode.
Press button C to start stopwatch.
Press button C again, to take lap time.

Lap 8 **Type A**   Lap 8 **Type B**

The lap time will be shown on the screen for 2 seconds.
It automatically goes back to main measuring time afterwards.
This watch can take up to 8 laps.

Press button A to stop measuring.

■How to check lap time

Press button D while it stops, to check lap time.
Press button C to see next lap, button D to see previous lap.
Press button A to go back to stopwatch mode.

Stopwatch mode   Lap 1   Lap 8

*This chart shows type A screen.

D-4 Stopwatch mode (STW): Split time

■Taking split time

First, select SLP mode.
Press button C to start stopwatch.
Press button C again, to take split time.

Split 8 **Type A**   Split 8 **Type B**

The split time will be shown on the screen for 2 seconds.
It automatically goes back to main measuring time afterwards.
This watch can take up to 8 split times.

Press button A to stop measuring.

■How to check split time
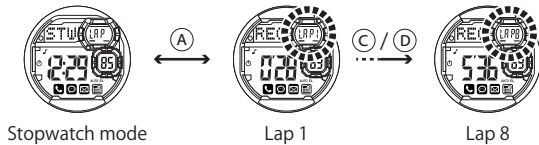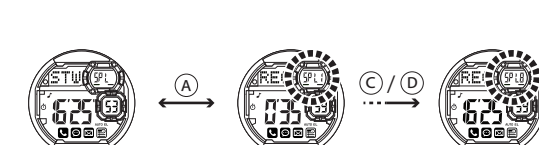
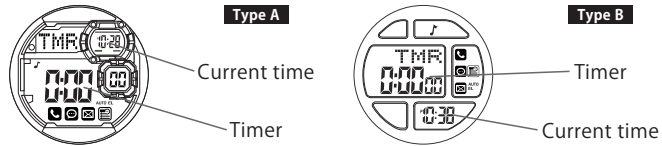Press button D while it stops, to check split time.
Press button C to see next split, button D to see previous split.
Press button A to go back to stopwatch mode.

Stopwatch mode   Split 1   Split 8

*This chart shows type A screen.

E-1 Timer mode (TMR): General guide

Type A

Current time

Timer

Type B

Timer

Current time

■Countdown timer
Timer mode will make alarm sound, when timer reaches to 0 and some other determined time.
You can set up to 99:59,59.
Once you set up timer, it remembers it automatically.

■How to use
After setting up (Please see how to set up on Page 23.), press button C to start timer.
Press button C again to stop timer.
While it stops, press button A to reset timer from the first one.

■Alarm sound on countdown timer
When timer reaches 1 minute, alarm sounds once.
It sounds every 10 seconds afterwards.
When timer reaches 5 seconds, alarm sounds once.
It sounds every second afterwards.
When timer reaches 0, alarm keeps sounding.
Press any button to stop this sound.

E-2 Timer mode (TMR): Set up

■How to set up
To start set up, hold button A in timer mode.
Screen shows 'SET HoLd' at first, and then goes to set up.
Press button C to add value, and button D to decrease.
By holding either button can change value quickly.
Each time you press button B, you can switch to the next menu.

Hour   Minute   Second
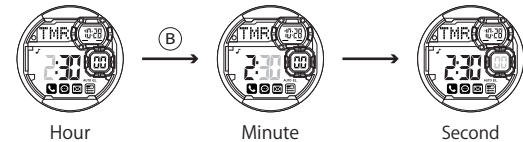
*This chart shows type A screen.

Press button A to save and finish set up.

*If you don't press any button for more than 60 seconds, it automatically goes back to timer mode.

F-1 Alarm mode (ALM): General guide

Type A
- Current time
- Alarm number
- Alarm time

Type B
- Alarm time
- Alarm number
- Current time

■Alarm mode
This watch can set 5 alarms.
Alarm 1-5 works individually.
Besides them, you can choose to make sound every hour.

■How to switch
Press button A, to switch manu in below sequence.

Time signal → Alarm 1 ⋯⋯→ Alarm 5

*This chart shows type A screen.

■How to set up time signal and alarm
To turn ON/OFF time signal, press button C.
Bell icon shows time signal is ON.

To turn ON/OFF alarm 1-5, press button C.
Alarm icon shows either alarm is ON.

Bell icon

Type A   Type B

Alarm icon

Type A   Type B
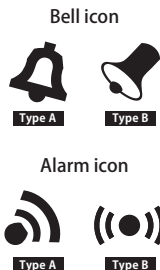
F-2 Alarm mode (ALM): Set up

■How to set up
Select one of alarm 1-5, and hold button A to start set up.
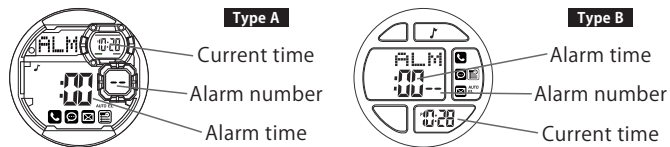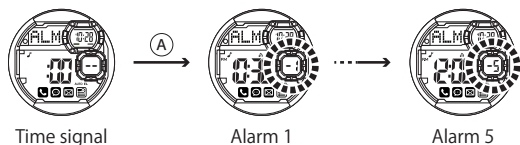Screen shows 'SET HoLd' at first, and then goes to set up.
Press button C to add value, and button D to decrease.
By holding either button can change value quickly.
Each time you press button B, you can switch to the next menu.

Hour   B   Minute
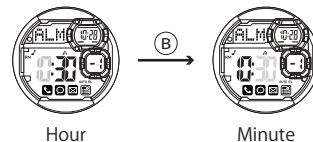
*This chart shows type A screen.

Press button A to save and finish set up immediately.

*When you change alarm setting, that alarm will turn ON automatically.
*If you don't press any button for more than 30 seconds, it automatically goes back to alarm mode.

Type A

City code
Home time
World time

Type B

City code
World time
Home time

■World time mode
This watch can show home time and the time at different city simultaneously.

■How to set up
Press either button C or D, to switch city code.
By holding either button can change code quickly.
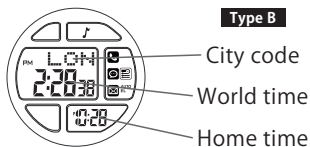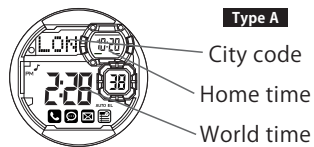About city code, please see page 27.

Hold button A to switch DST ON/OFF.
[DST] on the screen shows DST is ON.

DST ON
Type A

DST ON
Type B

City code table					
City code	**City**	**Time zone**	**City code**	**City**	**Time zone**
WLG	Wellington	+12	LON	London	+0
NOU	Noumea	+11	RAI	Praia	-1
SYD	Sydney	+10	FEN	Fernando de Noronha	-2
TYO	Tokyo	+9	RIO	Rio de Janeiro	-3
HKG	Hong Kong	+8	SCL	Santiago	-4
BKK	Bangkok	+7	NYC	New York	-5
DAC	Dhaka	+6	CHI	Chicago	-6
KHI	Karachi	+5	DEN	Denver	-7
DXB	Dubai	+4	LAX	Los Angeles	-8
JED	Jeddah	+3	ANC	Anchorage	-9
CAI	Cairo	+2	HNL	Honolulu	-10
PAR	Paris	+1	PPG	Pago Pago	-11

*This table shows the time difference between these cities and UTC (Coordinated Universal Time)
*Time zone and/or DST may be changed in the future.

Type A
Current time
Signals / minute

Type B
Signals / minute
Current time
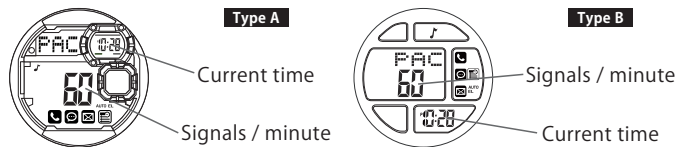
■Pacer (Pacemaker) mode
In pacer mode, you can set how many times to ring signal sound per minute.
It helps to run/walk in certain pace.

For example 120 signals / minute, signal sounds once in half seconds.

■How to use
Press button C to start/stop.

■Pacer mode set up
To start set up, hold button A in pacer mode.
Screen shows 'SET HoLd' at first, and then goes to set up.
Press button C to add value, and button D to decrease.
By holding either button can change value quickly.
In this set up, you can choose value from these pace below.
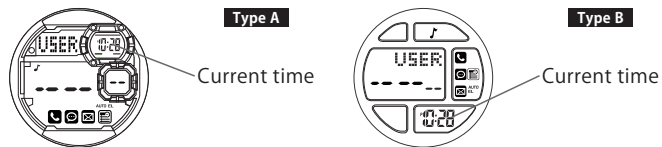10, 20, 30, 40, 50, 60, 70, 80, 90, 100, 120, 140, 160, 180, 200, 240, 280 or 320.
Press button A to save and finish set up.

*If you don't press any button for more than 60 seconds, it automatically goes back to pacer mode.

Set up   Pacer mode

*This chart shows type A screen.

Type A

Current time

Type B
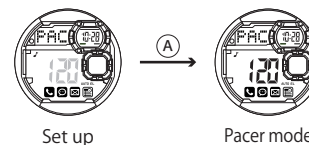
Current time

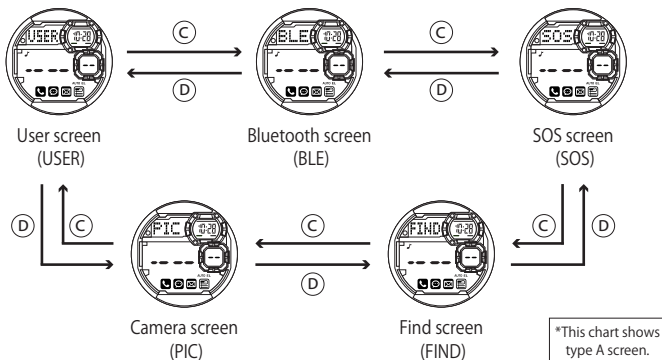## ■User mode
In user mode, several menu about app can be set up.

■Switch menu
Press either button C or D in user mode, to switch menu.

C

D

User screen
(USER)

Bluetooth screen
(BLE)

C

D

SOS screen
(SOS)

D C

C

C D

Camera screen
(PIC)

D

Find screen
(FIND)

*This chart shows
type A screen.

USER : Set up regarding app notice

BLE : Turn ON/OFF bluetooth

SOS : Make a call to preset number *Only for android

FIND : Find watch/smartphone

PIC : Available to use as shatter release button
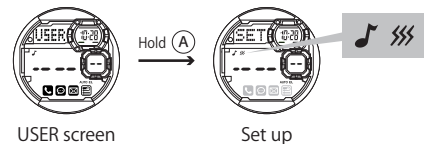
■User screen
In user screen, you can choose how this watch notice.

■How to set
To start set up, hold button A in user screen.
Screen shows 'SET HoLd' at first, and then goes to set up.
Press either button C or D to change the way of notification.

Hold A

USER screen

Set up

*This chart shows
type A screen.

♪ Notices with alarm sound

〰 Notices with vibration

♪ 〰 Notices with alarm sound and vibration

(No icon) Both alarm sound and vibration is OFF

Press button A to save and finish set up.

*If you don't press any button for more than 60 seconds, it automatically goes back to user mode.

I-3 User mode(USER): Others
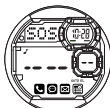
■Bluetooth screen
It is used when you sync watch and app.
(Please refer to Page 7.)

Bluetooth screen

■SOS screen
You can make phone call to preset number.
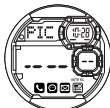(Please refer to Page 12.)

SOS screen

■Find screen
You can find where the watch/smartphone is.
(Please refer to Page 13.)

Find screen

■Camera screen
You can use this watch as shatter release button.
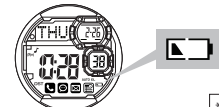(Please refer to Page 14.)

Camera screen

*This chart shows type A screen.

J-1 Maintenance

■Low battery icon
When the battery is low, low battery icon appears in the screen.
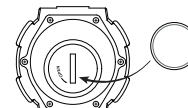Please replace the battery then.

Low battery icon

*This chart shows type A screen.

■Replace battery
Use a coin to turn case back and open.
The preset battery is set here.

Case back

*We don't recommend to replace battery on your own.
We will NOT offer any warranty, if you damage the watch while replacing it.

■Maintenance
-Do NOT disassemble the watch. We will NOT offer any warranty if you disassemble.
-Do NOT give strong shock to the watch.
-Do NOT fall it on the floor/ground.
-Do NOT put chemical liquid such as gasoline or alcohol.
-Please keep the watch dry and clean, while you are not wearing.
-If you leave the watch with dead battery, liquid leak or other damage may occur. Please replace watch soon.
-If you don't use the watch for a certain long term, please put the battery off from the watch.
-When you use the watch, please avoid magnetic field or electoric field.
-Do NOT submerge the watch under water. If the watch get wet, please wipe water off from the watch immediately.